



Eastbourne Lifeboat Team to Benefit

As a result of the flares amnesty held in May the Eastbourne Lifeboat team will benefit from a donation of £508. They will be using the money to purchase locally equipment for the station.

The event, which was the first held using the contractors, Ramora, was another success with 958 flares amassed on the day. The company had a very detailed method of collecting and taping up the flares so that no accidental firings could happen once they had been handed in. The oldest flare found was from the 60's. Any flares which were considered to be in a dangerous condition were destroyed at the end of the day on an isolated area of the beach whilst the rest were taken back to base for disposal at a later time. Sovereign Harbour is now a much safer place!





Large numbers of flares were handed in by Brighton and Newhaven Berth-holders who also took the opportunity to dispose of flares legally and safely but locally. They were invited along as currently they don't have such opportunities on offer.

Dinghy Doodle

A fine day dawned for the first Dinghy Doodle which was to be held in the safe area at the top of the North Harbour but unfortunately only one dinghy turned up to race! Maybe the time was too early for some or maybe they didn't fancy the hard graft of rowing. The organisers waited with Crispin Farrant and his friend, Michael Wynn Jones who were great sports to see if some competition would turn up. Other spectators were interested to know what we had planned but once it was clear they were the only entrants they were declared the winners in a variety of fields. They really appreciated their chocolate prizes!



Special thanks go to Jeremy and Valerie Holland who sportingly turned up with their dog to act as safety boat. Mark Sawyer, Coxswain of the lifeboat also brought his rib along to assist in the proceedings and keep us all safe.



BBQ

I think the hottest day of the season dawned ready for the DIY BBQ. Boats, dinghies and bikes provided additional means of arriving at the

venue. The coals were already alight so most enjoyed the community nibbles and the chefs headed to the BBQ's to cook the food that they had brought. Mackerel, burgers, sausages, kebabs, peppers it all got cooked a treat! Salads were shared and we rounded off with strawberries and cakes. Alan had brought along his ukulele and entertained us with a bit of soft community singing of some old favourites. This was a first.....Live entertainment!

Nigel's gazebo was also much appreciated in the scorching sun. Many thanks to those who loaned BBQ's and sundry equipment to make the event go with a swing for the fifty or so who attended this event.



Coming Soon

In addition to the regular meetings that are held with the Marina Management the committee have been working hard to continue providing a full and varied programme for you. Following is the list of events coming up. We hope you will find something of interest to you but if not talk to your rep and give us some ideas to follow up.

October 10th 9.30-12.00 Anchoring This is for those who were unable to get on this popular course the last time around and for beginners to help them understand the basics of anchoring. As part of this course there will be a short practical session in the North Harbour. The course will start in the Yacht Club. £5 to members/their crew £10 non members



There are only limited places Full details are on the website



November 20th (Friday) @7.30pm A presentation by MG Duff's technical sales director to give you all of the information you ever needed to know about **Anodes**.
How are yourAnodes?

Are they pristine or are they crumbly?

Come along to this informative presentation by Chris Harris, Technical Sales Manager from MG Duff and learn about some of the myths and mysteries surrounding this vital piece of equipment

There is no charge for this event which is open to all members of the Berth Holders' Association and also members of the Yacht Club

Nibbles will be available and the bar will be open for you to purchase drinks

November 28th Coffee Morning and RNLI Presentation. Join us for the presentation of the Crew Christmas Hamper which will take place at 11.30. Coffee etc will be available **between 10.00 and 12.00** so just pop in and join in the banter.

January 16th 2016 Crew radio....Free yourself up for the important bits. Get your crew trained to call the harbour for bridges and the like. More information on the website

February 13th Splosh!! A chance to try some survival equipment for real in the warmth of Motcombe Pool. There will be all kinds of safety gear around **and you can bring your own from the boat and try to see what it would be like using it in safety.** Learn a few tips on deployment and even see what it's like to get into a liferaft. More information to follow.

We are also planning a visit to Lock Control to see what happens once you have requested a bridge and lock out and we are still trying to communicate with **Dover Coastguard about a visit but we will persevere!!**

Details of these and other events can be viewed on the website in due course.

Talks with the Marina Manager have focussed on the lack of maintenance due to the staff change over period, the difficulties in introducing the fob system to the west harbour and the central harbour facilities' refurbishment. Naturally the boat yard has also been on the agenda and we now look forward to the end of 'Lake Premier'.

Welcome to the

welcometrust

Premier Marinas were, as we know, up for sale and the Wellcome Trust was the successful bidder but what do we know about them?



Sir Henry Wellcome (1853-1936), the founder of the Wellcome Trust, was one of the most fascinating men of his time. A businessman, collector and philanthropist, he was born in the American Wild West but ended his days as a knight of the British Realm.

Wellcome co-founded a multinational pharmaceutical company that mastered modern techniques of advertising such as promotion, image and branding. The wealth that Wellcome's company brought him was invested in amassing an astonishing collection of historical objects, which at the time of his death was larger than that of many of Europe's most famous museums.

He also funded pioneering medical research. In his lifetime, scientists funded by Wellcome made great breakthroughs into understanding how our bodies work. After his death, Wellcome's will provided for the creation of the Wellcome Trust.

The Wellcome Trust is now a global charitable foundation dedicated to improving health. They provide more than £700 million a year to support bright minds in science, the humanities and the social sciences, as well as education, public engagement and the application of research to medicine.

As well as tackling immediate priorities, the independent company has a long-term perspective which enables it to support research that will benefit future generations.



They focus on three key areas of activity

- Outstanding researchers
- The application of research
- Medicine in culture



This covers five major research challenges that address some of the most pressing and fundamental problems that confront human and animal health. They fund a wide array of research into:



how genes affect health and disease, and work to ensure that this knowledge leads to new ways to diagnose, treat and prevent illness.



how the brain functions and to find improved approaches for treating brain and mental health disorders.



how to combat infectious disease by finding new ways to prevent and treat the bacterial, viral and parasitic diseases that kill millions of people worldwide every year.



how the body develops, functions and ages, and of the factors that contribute to the onset and development of chronic disease.



how the environment, nutrition and health is under serious threat from the interlinked issues of access to nutrition, food security and climate change.

Currently they are working and having success in the areas associated with Malaria treatments, nano imaging of heart muscle cells, eradicating rubella, diabetic retinopathy, neonatal screening, resistance busting skin cancer drugs and mindfulness and mental health in teenagers, which you may have read about in the national newspapers.

It would seem that as Premier were owned by the Blackrock group previously there will be few changes in how things run on a day to day basis.

Nigel drops by Boat Road Show at Eastbourne Airshow

The Boat Road Show came to Eastbourne Airbourne to promote boating and Nigel our Vice Chairman dropped by to find out more. The www.boatsharefinder.com website is one of the sponsors behind the brightly coloured bus attending coastal air shows around the country with the idea of inviting more people to become interested boating.



The website is a unique service for boat owners (and manufacturers) to sell a share of their boats to other co-owners and share the upkeep costs – and it's FREE.

Co-founder Ross Smith explained that instead of charging they simply ask boat owners to make a donation via the website to the local RNLi in Eastbourne. Syndication has long been the norm in the airplane sector and the RYA has carried out invaluable practical research to make boat sharing a realistic possibility – including an excellent share agreement which is available online to members of their Association.

The costs of buying, mooring and maintaining a boat could be expensive and out of reach for new comers and this may be a way forward for some.

If you're considering sharing we recommend that you talk to other people that have been doing it for years to find out about the ups

and downs of co-owners. There are currently nearly 200 boats of all types and sizes listed throughout Europe on the website mentioned above. Sharing a boat with like-minded people may be an excellent way to get into or stay in boating – it's also allows sailors to show their support for the excellent work done by the RNLI volunteers around Eastbourne.

Ports of Call- Lymington

On the west end of the Solent, Lymington has a mixed number of reasons for its development. It really grew as a town in the 18th Century and much of the town's architecture today reflects this period.

Sailing has obviously been going on here for centuries. Lymington is convenient for leisure cruising in the Solent and to the Isle of Wight as well as being a convenient departure point for points west and also crossing to France.

The town has a multitude of all types of moorings and these include marinas as well as quayside berths and river buoys. It is also well supported by three well stocked chandleries.....so take your list as they have a wide range of items at reasonable prices!

Visiting yachts men and women can benefit from the two sailing clubs.....you only need to sign in and tell them you are from Sovereign Harbour. The Royal Lymington Yacht Club has spectacular views to enjoy whilst you have a drink or something to eat.

The town was first granted a charter between 1193 and 1217. One of the various rights granted was the one to hold a street market that still runs weekly on Saturdays and it is well worth a visit.



Sea salt was important from the Middle Ages. Until the end of the 18th century the area from Lymington to Hurst Spit was the site of the biggest sea salt industry in the country. This area is now a nature reserve but has in evidence examples of medieval and later salt workings. By 1865 cheaper mined

salt from Cheshire finally forced the closure of the last saltern. The area sited still offers lots of opportunities for walks, bird watching and cycling if it is too windy for your boating tastes.



Smuggling became an important part of economic life in Lymington towards the end of the 17th century and it received widespread support from the local community. Items smuggled included wine, brandy, silks, coffee, tea and other dutiable items.

Stories abound of cellars and tunnels. Goods were landed in creeks around the town and then taken inland as far and as fast as possible by teams of pack horses and carts.

Shipbuilding has been going on since medieval times. During the reign of Edward I (1272-1307) the Lymington shipyard supplied nine ships for the defence of the realm- more than Portsmouth! The Berthon Boat Company has been trading continuously since 1877 and still occupies a riverside position.



There are plenty of trades and services available if you need them.

If you are berthed there on a Wednesday or Sunday you may like to take advantage of the history walks that leave from the church at the top of the High Street. Free (though a small donation is welcomed) they are most interesting and cover a variety of topics such as the 'wavy walls' often found in the town, famous literacy connections (Neville Shute and many others) as well as the town tour which covers a really good background of how Georgian life was there.

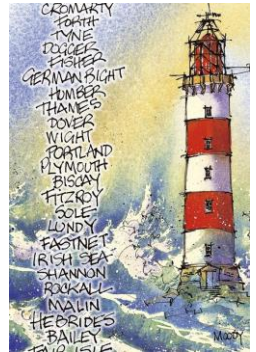
Do you remember pre internet we listened to **the Shipping forecast?**
So does this poet!

Moderate Visibility

When I was a child long ago,
Listening to the radio
With my grandma sipping tea,
Tuning in to the BBC
For the Shipping Forecast every day,
Taking in each word they'd say.

Dogger, Fisher, German Bight;
precipitation without sight
away from land and out to sea
with moderate visibility.
Force four south, veering west later,
warm winds coming from the Equator.
Bailey, Malin, Hebrides;
fog clearing in the gentle breeze.
Winds freshen in Finisterre
blowing rain clouds here and there.
Dover, Wight and Portland Bill,
gale force winds are raging still.
Lundy, Fastnet, Irish Sea
have moderate visibility.
Heavy rain in Tyne and Forth
and a good force nine is moving North
to Chromarty where waves are high,
almost reaching to the sky.
While down in Plymouth the seas are calm,
The forecast says it's turning warm
Over a thousand millibars
In clearing skies you'll see the stars
Grandma peering over her tea,
Says 'moderate visibility'.

By Kathleen Thorpe



Grub Up.....Chicken, butterbean and pepper stew

Ingredients

1tbsp olive oil

1 large onion chopped

2 celery sticks chopped

1 yellow pepper & 1 red pepper deseeded and sliced

1 garlic clove crushed

2tbsp (or less if you don't like it too hot!) paprika

400gm can chopped tomatoes

400gm can of butterbeans drained and rinsed

A little chicken stock

Seasoning to taste

Chicken pieces of your choice to serve four (or you may prefer chorizo/pork fillet/meatballs or whatever you can find instead!)



What to do.....

Heat the oil in a largish pan and add the onion, celery and peppers and fry for 5 minutes.

Add the garlic and paprika and cook for a further 3 minutes. (Everyone around will now be salivating!!)

Stir in the tomatoes and butter beans. Add enough chicken stock to just cover the vegetables and season to taste.

Bring to the boil and then nestle the chicken pieces into the sauce.

Cover with a tight fitting lid and simmer gently until the chicken (or whatever) is cooked.



Son, You have to remember that people like terra firma- the more firmer....the less terror

Said, Sid Bryant



Fun and Games!

Whilst onboard in a typical English summer the chances are you will need to find some inside entertainment on at least one occasion. You will have your favourite pastimes but what do remember about these games? Answers in the next edition.

1. What toy would you need to perform tricks called 'walking the dog' and the cat's cradle?
2. Which game has a name that is derived from a Swahili word meaning 'to build'?
3. Named the toy of the year, by the British Association of Toy Retailers, which electronic toy would speak its own language initially before starting to speak more and more English?
4. What colours are the hotels in a standard game of Monopoly?
5. First introduced in the 18th century what type of puzzles were named after the tool that was used to make them?
6. In which game might you visit Lemonade Lake, Chocolate Mountains, Minty Meadow and East Bunny Hills?
7. Which of Andy's toys in the 'Toystory' films wears a black bowler hat?
8. In a standard game of 'Battleship' how many ships do you have to sink to win?
9. Which American toy company was founded in 1945 by Harold Matson and Elliot Handler?
10. What is the only non-metallic murder weapon in the game of 'Cluedo'?

An Alternative to Crawling Around In 'Lake Sovereign'

January 2014 found Dave and I manning The Westerly Owners Stand at the London Boat Show. Whilst doing our 'stint' we were approached by Sam Crawford, of CMS Marine, who offered the opportunity of a free trial of Sonic Shield antifouling for WOA members. If at the end of the trial period we were happy with its performance we could purchase the kit at half price.

This seemed like a good idea, we got to try it for free and there was the possibility of not having to antifoul every year, if we didn't like it just unplug and return.

A little background here about our boat Morning Mist. 'Misty' will be 40 years old in November, she is a 36ft bilge keeler. Copper antifouling her wasn't really an option due to her age and cost - yes she WAS going to be wet and it would take quite a while and a considerable sum of money to get her to a state where we could put the copper antifouling on. The idea of putting a hard antifouling on and then only needing to give her a pressure wash was most appealing. We jumped. Some people say it works better on metal hulls- we can only report on our experience with fibreglass.



Sonic Shield can either be supplied with 2 or 3 transducers, we opted for 3 as we were particularly keen to provide protection from fouling for our Kiwi prop and bow thruster. Everything required was in the box, the instructions were clearly set out in a logical sequence. Dave undertook the installation over a few days but it could easily have been completed in a weekend, assuming you have access to your bilges to run the cables through. One transducer was positioned as close as possible to the bowthruster whilst the other two were located under

the berths in the aft cabin. Prior to fixing anything the cable runs were checked to ensure they were long enough and extension cables were not needed. Once the position of the transducers was decided the glass fibre was sanded back until smooth in order to make good contact, the transducers were then epoxied in place. The control box was installed in the cockpit locker adjacent to the power supply and domestic batteries.

We have now used it for almost two seasons. Last year it was up to the Frisian Islands and then back via the Netherlands network of inland waterways, hence fresh and sea water plus varying degrees of stagnant saltwater! This year we went to North Brittany. We have had weed growth, barnacles and water spouts attached to her bottom but all of these 'gave up' without a fight. No cemented on barnacles for us, a tap with the end of the brush was all that was needed. Weed was just as easy to remove.

We had, initially, wondered whether the slight ticking would annoy us at night but it was never an issue (there is a sleep button to turn it off for 12 hours). Neither was power consumption, when alongside we run on mains but when at anchor or on a mooring our solar panels provide more than enough power for us to have a cold beer and an easy-clean bottom.

CMS says 'Sonic Shield will perform all of the antifouling needs, there is no need to apply conventional self-eroding antifoul paint. It is prudent to apply some protection/coating of the GRP if not only for looks but also as a physical barrier. Many of our customers have applied a hard motorboat/racing paint or a product akin to GelShield.'

It is our intention to do just that at the end of the season then only have a pressure wash and relaunch (or dry out somewhere). I know that, fingers crossed, Lake Sovereign, should be a thing of the past but I'll still not miss crawling around between those bilge keels. The trial offer is no longer running but if you check out CMS web site you see they're doing a Try for £75 scheme. We're berthed on G23 in the main harbour if anyone wants to know more or see the kit in action.

Contributed by Gill Clare (Central Harbour rep)

Favourite Port Pub/Restaurant

'Off the Rails' Restaurant opened in August 2014, which has given the old Yarmouth Station a new lease of life.



Yarmouth Station was constructed as part of the Freshwater Yarmouth Newport Railway in the early 1880s and the first train ran from here on 20 July 1889. The railway line never connected with the Lymington Ferry and as a result all coal, livestock and passengers had to be transported down the backstreets of Yarmouth to get to the train.



The FYN Railway never really made any money (one year's accounts show a profit of £6 for the whole year), so it was taken over by the Isle of Wight Central Railway in 1923, and managed by Southern Railways. Ten years before the infamous

'Beeching' Cuts, the line closed forever on 20 September 1953. The Station remained empty for many years until about 1960, when an old wooden barracks hut was bought for £1000, brought to the site and attached to the east end of the old station. For the next 50 years the whole building was used as a meeting hall and became the Yarmouth Youth Club.

You will enjoy a lovely and friendly atmosphere. All are welcome. The food is lovely and so enjoy a cup of coffee (or anything else) sitting on the old platform waiting for a 'train' that will never come!!

Open 7 Days a Week

Opening Times:

Sun/Mon/Tues/Wed: 9am - 5pm

Thurs/Fri/Sat: 9am - 10pm

'Off the Rails'

Station Road

Yarmouth

Isle of Wight

PO41 0QT Tel: (0)1983 761600



**Sovereign Harbour Berth Holders
Association Officers and Committee 2015/16**

Chairman & West Harbour Rep	Sue Sydney (WS17)	Sovereign Star
Vice Chairman & Membership Secretary	Nigel Dumbell (F30)	Tipsy Tart
Secretary	David Baird (J23)	Lobster III
Treasurer & Asst Editor	Lorraine Elliott (WS16)	Big Bubble
Central Harbour	Gill Clare (G23)	Morning Mist
North Harbour (W)	We have a vacancy. Can you help?	
North Harbour (E)	Jeremy Holland (NR16)	Act of Defiance
South Harbour	Peter Crowhurst(SW03)	Shim Sham
Webmaster	Lloyd Austin (WT 17)	Sea Runner
Newsletter Editor	Roy Sydney (WS17)	Sovereign Star

www.shbha.co.uk

Dates for your diary posters will appear around the harbour and information can be found on the web site

11th-20th September Southampton Boat Show

10th October Saturday 9.30-12.00 Anchoring course

20th November (Friday) Presentation by MG Duff Sovereign Suite 7.30pm

28th November Coffee Morning and Presentation of the RNLI hamper 10.00-12.00

16th January Crew radio course (We are also trying to arrange a certificated course for those interested)

13th February 3.45-5.45 Splosh!!...a chance to try out your safety gear

TBC..... Lock visit and Dover Coastguard visit

A wide range of discounts are available to members on production of an in-date membership card. See the web site for the list which also includes participating Waterfront restaurants

We ask you to encourage others to join and keep the Association strong

